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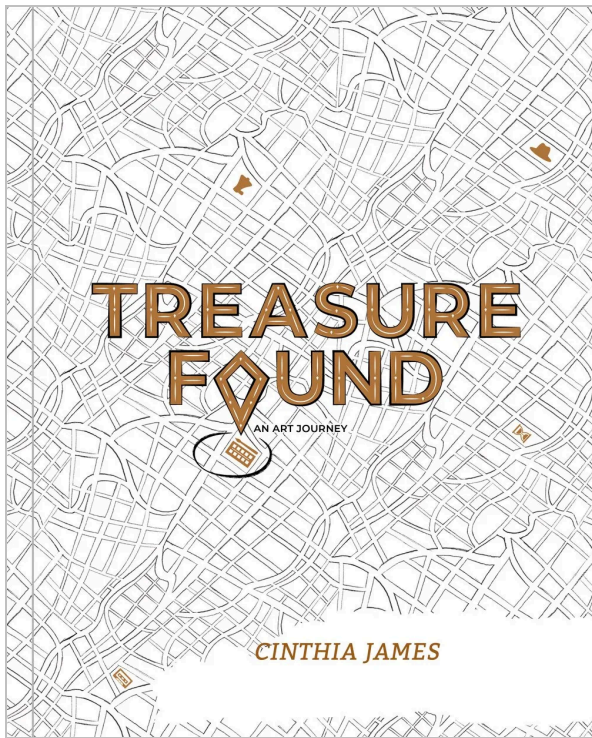
Book review: 'Treasure Found: An Art Journey' by Cinthia James

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Have you ever been drawn to a book by just looking at its title?

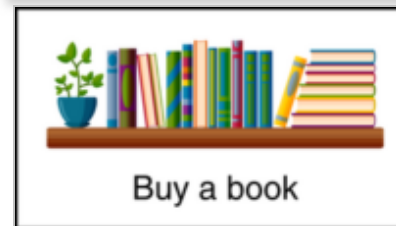
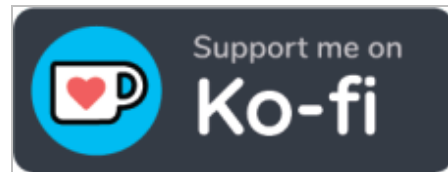
It is exactly what happened when I received Cinthia James's email. Then, I looked at the cover and felt that her book would be a fun and informative read.

Treasure Found: An Art Journey "provides a path for crafting and nurturing your unique artistic process." It is divided into five self-explanatory chapters: "Beginning with the Basics," "Searching for Inspiration," "Practice, Practice, Practice," "Silencing Self-Doubt," and "Personalize Your Process." Each is written in plain English and delivers essential information in a friendly and warm voice. James also includes many examples from her own body of work, which is a treat in itself.

I read this book twice. As an artist and as a regular reader. Every time, it was a different, albeit eye-opening experience.



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James has a very healthy and practical approach to art and creativity. The artist I am found her insights very solid. As a regular reader, I was transported into her mind. I could visualize her process and understand exactly how she worked.

My favorite parts of *Treasure Found: An Art Journey* are the essays on style vs. concept and grids (chapter 1). Those topics are widely discussed in the worlds of photography and illustration, but not so much in painting—at least among the self-taught crowd. So it was refreshing to see them tackled here and in such a straightforward manner.

Treasure Found: An Art Journey is a book that walks the talk. It offers a great alternative to the stuffy literature that seeks to discuss art but ends up making it more obscure than it should be. I also see it as a worthy read for anyone suffering from Artist's Block, looking to gain confidence in their own skills, and/or wanting to become consistent.

In a nutshell, this book will help you fall in love with the artistic process and art in general.

More information about *Treasure Found: An Art Journey*

- Author: Cinthia James
- Publisher: Independent
- Release date: March 1, 2023
- ISBN: 9783000744297

To purchase a copy, click [here](#).

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Disclaimer: I was gifted a PDF copy of *Treasure Found* in exchange for an honest review.

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art book review Cinthia James

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CENDRINE MARROUAT

Poet, photographer, fiction writer, budding painter, digital artist, multi-genre author, blogger, podcaster, co-founder of Auroras & Blossoms and A Warm Mug of Cozy, and (co-)creator of literary forms.

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